

# **Community Resource Guide**

## **Riley County**

**Updated in 2024**

### **Adult Learning Center**

(785) 587-2800 / 3136 Dickens Ave, Manhattan KS 66503 /

<http://manhattantech.edu/academics/general-adult-education/adult-education>

-Offers basic adult education including ESL classes and GED preparation classes

-Morning and Evening class times

### **ATA Bus**

(785) 537-6345 / 5815 Marlatt Ave, Manhattan, KS 66503 / <https://www.fhata.org/routes>

-Provides transportation

-Demand Response program transports clients from door to door anywhere in Riley, Geary or Pottawatomie County; costs \$2 (one-way) within Manhattan, Junction City and Ft. Riley, and \$4 outside of Riley County limits

-Has fixed routes throughout Manhattan that run all day, Costs \$1 to ride fixed routes/\$.50 for youth (7-17)

### **Big Brothers/Big Sisters of Manhattan**

(785) 776-9575 / 519 Pierre Street, Manhattan, KS 66502 / <https://www.kansasbigs.org/>

-Provides an adult mentor to children who need additional support in their lives

-Children must be between ages 6-17 and live in the USD 383 district

-Girl and Boy Scout troops available for participating children

### **Boys and Girls Club of Manhattan**

(785) 539-1947 / 220 S. 5<sup>th</sup> Street, Manhattan KS 66502 /

<https://www.bgclubmanhattan.com/index.cfm>

-Offer programming for children focusing on character and leadership, education and career development, health and life skills, the arts, and sports and fitness. Children can attend after school and receive tutoring or just participate in fun activities.

-Mission is to inspire and enable all young people to realize their full potential as productive, caring, and responsible citizens.

-“The Club” for teens on Tuesday and Friday nights from 6-8pm

-Children ages Kindergarten-18 are eligible

-\$30 membership fee per calendar year.

### **Catholic Charities of Northern Kansas**

(785) 323-0644/ 212 S. 4th St. Suite 120, Manhattan KS/ <http://ccnks.org/manhattan>

-Financial & housing assistance

-Personal care & basic needs

-Pregnancy Support

-Counseling and outreach services

-Christmas Assistance

### **The Crisis Center**

(785) 539-2785 or state-wide hotline: 1-800-727-2785 / 437 Houston Street, Manhattan KS 66502 / <http://www.thecrisiscenterinc.org/>

-Cares for victims of domestic and sexual violence

-Provides crisis intervention, safe shelter, advocacy, and counseling for victims of domestic violence and their children

-Support groups are available for women and children

-Assists victims in obtaining protection from abuse (PFA) orders

### **Common Table**

-Offers a free community meal

**-Sunday:** First Congregational United Church of Christ- 700 Poyntz Ave, Manhattan KS  
(785) 537-7006

**-Monday:** First Lutheran Church- 930 Poyntz Ave, Manhattan KS  
(785) 537-8532

**-Tuesday:** First Presbyterian Church- 801 Leavenworth, Manhattan KS  
(785) 537-8532

**-Wednesday:** First United Methodist Church- 612 Poyntz Ave, Manhattan KS  
(785) 776-8821

**-Thursday:** First Lutheran Church- 930 Poyntz Ave, Manhattan KS  
(785) 537-8532

**-Friday:** First Lutheran Church- 930 Poyntz Ave, Manhattan KS  
(785) 537-8532

**-Saturday:** First United Methodist Church- 612 Poyntz Ave, Manhattan KS  
(785) 776-8821

### **Community Food Basket**

(785) 485-2802/ 115 S. Broadway Street Riley, KS 66531/

<http://nourishtogether.org/agency/community-food-basket-serving-northern-riley>

-The community Food Basket is a food pantry serving area residents from the western boundary of Manhattan to the northern part of the county.

-Qualifications, Proof of address, limited income guideline.

-Hours 10am-12pm Saturdays

**Department of Children and Families (DCF)**

(785) 776-4011 / 2709 Amherst Ave, Manhattan KS 66502 /  
<http://www.dcf.ks.gov/services/Pages/default.aspx>

- Protects children, promotes healthy families, and encourages personal responsibility
  - Investigates child abuse and neglect; case oversight for CINC cases
- Financial assistance including; child care, cash assistance, food assistance, and temporary assistance for families, disability assistance, emergency food program, low income energy assistance program
- Offers vocational rehabilitation services for those needing assistance with job skills
  - Adoption and family preservation services
  - Services for blind and visually impaired
- Assists with transition into independent living for youth again out of foster care
  - Medicare/Medicaid and medical assistance

**Douglass Community Recreation Center**

(785)587-2773 / 900 Yuma Street, Manhattan KS 66502 /  
<https://mhkprd.com/192/Douglass-Community-Recreation-Center>

- Open Gym
- Youth sports, Arts & crafts, youth programs, camps, swimming lessons

**Family and Child Resource Center**

(785) 776-4779 / 2101 Claflin Rd. Manhattan KS 66502 /  
<http://www.rileycountyks.gov/286/Health-Department>

- Offers services and resources for pregnant women and families with children ages 0-5

-Public Health Clinic

-WIC

-Raising Riley

### **The Encore Shop**

(785) 776-7866/ 611 Poyntz Ave, Manhattan KS

- The Encore shop allows the community to have a place to purchase lightly used clothes and household items at affordable prices.

-Monday- Friday 1-4pm

### **Fairy Godmothers**

[www.fgfund.org](http://www.fgfund.org)

-The Fairy Godmothers' funds are Field of Interest Funds that are component funds for the Greater Manhattan Community Foundation. The funds provide flexible monies to improve the health and wellbeing of women with limited resources who have immediate needs not met by traditional funding resources within the community.

-Grant applications are processed only through the following assistance agencies. All grant funds are paid directly to the vendors and not to the person applying.

-Request grant money from Shepherd's Crossing.

### **Family Budget Shop**

(785) 565-5010/ 730 Colorado St. Manhattan KS

-Community run thrift store

-Hours: Tuesday- Friday 12pm-3pm and Saturday 10am-1pm

### **Fatherhood F.I.R.E Program**

(785) 914-5244/ [fatherhood@st-francis.org](mailto:fatherhood@st-francis.org)

-Programs that provide the skills and knowledge men need to build positive, lasting relationships with their children to become stronger fathers.

-Programs include; 24/7 Dad-skill building for fathers, “The Parent Project”- For parents of strong willed/out-of-control children, “Nurturing Fathers”- for any father with anger or domestic violence history, “Inside Out Dad”- For incarcerated dads, “Connections to success” personal and professional development for preparation to enter the workforce.

### **Flint Hills Breadbasket**

(785) 537-0730 / 905 Yuma Street. Manhattan KS 66502 / <https://www.flinthillsbreadbasket.org/>

-The Market at FHBB offers weekly access for food and hygiene shopping needs.

-Other food resources ranging from Blessing Boxes to community meals.

### **Flint Hills Community Clinic**

(785) 323-4351 / 401 Houston Street suit C, Manhattan KS 66502 / <https://www.mhkfreeclinic.com>

-Volunteer based clinic that operates from contributions

-FHCC patients are required to be uninsured, residents of the city of Manhattan and/or Riley County and living in households that are at or below 200% of the federal poverty guideline.

-Provides non-emergent healthcare ranging from basic outpatient services to chronic disease management. Also provides preventive services, educational services and referrals to area specialists.

-Patients are seen by appointment during clinic hours 9am-4:30pm Monday-Friday

### **Flint Hills Job Corps Center**

(800) 733-5627 / 4620 Eureka Drive, Manhattan KS 66503 / <https://flinthills.jobcorps.gov/>

- No cost job and technical training for youth and adults ages 16-24
- Educational training includes help obtaining high school diploma or GED
- Students can live on-site (including single mothers with children) or in the community

### **Habitat for Humanity**

(785) 537-7545 / 514 Pillsbury Drive Manhattan KS 66502 / <https://www.mahfh.org/>

- Builds homes for low-income families
- Homebuyers sign a 20 year interest free mortgage and typically pay back a total of \$40,000-\$44,000

### **Harvesters Community Food Network**

<https://www.harvesters.org/get-food-assistance/food-locator?zip=manhattan+ks&radius=500&type=#results>

- Provides free distribution of food to individuals or families in need.
- Several locations in Manhattan and surrounding areas

### **Head Start**

(785) 587-2045 / 1700 Leavenworth Street. Manhattan KS 66502 / <https://www.ksheadstart.org/locations-search-blog-hidden/2017/6/20/11>

- Pre-School education for children ages 3-5
- Serves low-income families with children ages birth to five years
- Early Head start also available for children 0-3 years old
- Also assists pregnant mothers
- Also often hearing and vision screenings, as well as speech and language screenings

### **Homecare & Hospice and The Good Shepherd Hospice House**

(785) 537-0688/ 3801 Vanesta Drive, Manhattan KS/ <https://goodshepherdhh.org/>

- Provides a wide range of services including Home Care (bathing, dressing, meal preparation)
- Home Health Services (nursing care, physical, occupational and speech therapy)
- Hospice services both in homes and at the Good Shepherd Hospice House

### **Heartland Works Inc. (Manhattan Workforce Center)**

(785) 539-5691 / 322 Houston Street, Manhattan KS 66502 /  
<https://workforcecenters.com/manhattan/>

- Offers youth and student vocational services: skill assessment, job referral, training assistance, interview preparation, resume help, etc.
- On-the-job training and GED training also available

### **The Homestead**

(785) 491-7169 / 1923 Little Kitten Ave, Manhattan KS 66502 /  
<https://www.midwest-health.com/manhattan/>

- A senior living community offering area seniors quality assisted living in Manhattan, KS

### **Independent Living Self-Sufficiency Program**

(785) 296-4653/ <http://IL.dcf.ks.gov>

Email: [DCF.WestIL@ks.gov](mailto:DCF.WestIL@ks.gov)

- DCF Independent Living Program provides services and supports to youth for a successful transition to self-sufficiency.



-To be eligible for services and supports, young people must have experienced foster care at age 14 or older. Specific eligibility requirements vary for individual services.

-Services and supports include, but are not limited to: financial support for post secondary education/or certified training programs, room and board assistance, transportation costs, book and material related to education, leadership opportunities, and medical services.

### **Infant and Toddler Service Network of Riley County**

(785) 776-6363 / <https://infant-toddler.org/>

-Provides mandated early intervention services to infants and toddlers with special needs and their families

-Services are provided at no cost to families

-Families have access to a team of professional early interventionists with a wide variety of expertise

### **KanCare**

<https://www.kancare.ks.gov/contact-us>

-Combines health care with community long-term services and supports

### **Kansas Aging & Disability Resource Center**

(785) 296-4986 / 503 S. Kansas Ave, Topeka KS 66603 / <https://www.kdads.ks.gov/>

-Provides information to Kansans of varying ages/disabilities/incomes about long term services and supports

-Designed to empower older adults and persona with disabilities to make informed choices about their services and supports

### **Kansas Child Care Training (KCCTO)**

(785) 532-7197/ 219 Kedzie Hall 828 Mid Campus Drive S. Manhattan KS/  
<https://kccto.org/providers/courses-and-training/>

-Offers more than 80 online courses that are designed to address the needs of child care providers and focus on issues of building a child care service or improving the quality of service to children and families.

### **Kansas Legal Services**

(785) 537-2943 / 409 Poyntz Ave Suite 201, Manhattan KS 66502 /  
<https://www.kansaslegalservices.org/node/49/legal-assistance-office-manhattan>

- Provides legal assistance to low-income individuals
- Does not handle criminal law
- Child advocacy resource center

### **Kansas Lifeline Program**

(785)271-3100 / 1500 SW Arrowhead Road Topeka, KS 66604 / <https://kcc.ks.gov/>

- Reduced rate for home service for those receiving: food stamps, general assistance, supplemental security income, temporary assistance to families, or Medicaid/Medicare recipients
- Can receive up to \$17.02 off your phone bill

### **Katie's Way- Mental Health Service**

(785) 320-7331/ 720 Poyntz Ave, Manhattan KS/ <https://katieswaymanhattan.com/>

- Psychology and Therapy Services for 5-26 years old
- Psychiatry and Medication Management
- Deep Transcranial Magnetic Stimulation

### **Konza Prairie Community Health Center**

(785) 320-7134 / 2030 Tecumseh Road. Suite 100 Manhattan KS 66502 /

<http://www.konzaprairiechc.com/>

- Sliding scale fee for all services, with or without insurance
- Provides comprehensive primary medical care including: physicals, immunizations, women's wellness, mental health, prescriptions, pre-employment drug testing, comprehensive dental care including Head Start and school oral screening
- Assists with transportation to and from appointments if needed
- Also have a Manhattan Dental Clinic

### **Konza United Way**

(785) 776-3779/ 555 Poyntz, Suite 269 Manhattan KS/ <https://www.konzaunitedway.org/>

- Education Services
- Dolly Parton Imagination Library-
- Health and Financial Stability
- Emergency Food and Shelter Program

### **Manhattan Emergency Shelter, Inc.**

(785) 537-3113 / 416 S 4<sup>th</sup> Street, Manhattan KS 66502 / <http://www.mesikansas.org/>

- Provide temporary shelter to homeless men, women and families
- Possible rental assistance based on funding availability

### **Manhattan Housing Authority**

(785) 776-8588 / 300 N 5<sup>th</sup> Street, Manhattan KS 66502 / <http://www.mhaks.com/>

- Administers Public Housing and Section 8 Rental Subsidy programs
- Tenant-Based Rental Assistance program provides up to \$800 per year for security and utility deposits

### **Manhattan Public Library**

(785) 776-4741 / 629 Poyntz Ave, Manhattan KS 66502 / <https://www.mhklibrary.org/>

- Provides free online educational resources through their website
- Assistive Technology Center provides basic computer skills training
- Provides public access computers, as well as free Wi-Fi for library card holders
- Library card holders who are homebound by medical condition or disability can have book/audiobooks/magazines delivered to them once a month
- “Talking Books” program available for those that cannot read or have a physical impairment

### **Manpower Temporary Services**

(785) 776-1094/ 555 Poyntz Ave. Suite 245 Manhattan KS/  
<https://www.manpower.com/ManpowerUSA/home>

- Helps place people in clerical and industrial jobs with businesses in Manhattan and the surrounding area

### **Military OneSource**

(785) 239-3911/ <https://installations.militaryonesource.mil/in-depth-overview/fort-riley>

- Provides comprehensive information including but not limited to deployment, reunion, relations, grief, spouse employment and education, parenting and child care for active duty, Guard and Reserve Component member and their families

### **Mental Health Providers Database**

<https://www.mhkmentalhealth.org>

-MHKMentalHealth.org exists to simplify the process of finding a mental health provider in Manhattan, KS and the surrounding areas. This database of local providers includes information about current availability, and other information to connect you with the best possible match.

### **North Central Flint Hills Area Agency on Aging**

(785) 776-9294 / 401 Houston Street, Manhattan KS 66502 / <https://www.ncfhaaa.com/>

- Provides in-home assistance to seniors
- Helps people 55+ to find employment
- Provides insurance counseling and legal advice to seniors
- Puts on workshops and learning opportunities for seniors
- To those who qualify, provides housing assistance and long-term care services
- Helps seniors access public benefits
- Provides assistance and support to caregivers

### **Ogden Friendship House**

(785) 537-5116 / 226 Riley Ave, Ogden KS 66517 / <https://ogdenfloh.wixsite.com/ogdenfriendshiphouse>

- Food pantry, health items, and clothing available to low-income families in Ogden
- Provides Sunday Worship
- AA meetings are held here regularly
- Provides an after-school program
- Hosts a youth summer camp called Camp Chippewa

### **Parents as Teachers**

(785) 587-2058/

<https://www.usd383.org/schools/early-learning/home-based-services/parents-as-teachers>

- Promotes a parent's role as their child's first and best teacher
- Services include: home visitors, a resource library, developmental screenings, and weekly play groups
- All parents of children up to three years in the USD 383 district are eligible (no income limits)
- There is no charge for the program

### **Pawnee Mental Health Services**

(785) 587-4300 / 2001 Claflin Road, Manhattan KS 66502 / <https://www.pawnee.org/>

(785) 587-4315 / 1558 Hayes Drive, Manhattan KS 66502

(785) 587-4361 / 437 Houston Street. Manhattan KS 66502

- Provides individual, family, and group therapy; psychiatric evaluation and medication management; case management services, attendant care; school-based services
- Anyone is eligible for services
- Fees are assessed on a sliding scale and they accept insurance and medical cards

### **Raising Riley**

<https://www.raisingriley.com/>

- Raising Riley is to strengthen at-risk families and help prepare their children for lifelong learning through the combined efforts of staff, parents, and community collaboration
- Help qualifying families to pay for child care expenses.
- Parent education programs

- Family engagement
- Early Literacy programs

### **Riley County Extension**

(785) 537-6350 / 110 Courthouse Plaza 2nd floor, Manhattan KS/ <https://www.riley.k-state.edu/>

- Information related to agriculture, home economics, youth development, family life, business and economics, healthy living, and much more.

### **Restoration Center Inc.**

(785) 537-8809 / 205 S. 4<sup>th</sup> Street Suite J / <http://therci.com/>

- Substance abuse and addiction treatment
- Offers recovery and prevention services
  - Outpatient therapy
  - Adolescent therapy
- Provides assessments and referrals

### **Habitat ReStore**

(785) 537-7545 / 514 Pillsbury Drive, Manhattan KS 66502 / <https://habitatflinthills.org/contact-us/>

- Sells new and used donated home improvement items at discounted rates
- Items for sale include: Appliances, cabinetry, furniture, windows, doors, electrical, plumbing, flooring, tile, etc.

### **Riley County Health Department**

(785) 776-4779 / 2030 Tecumseh Road, Manhattan KS 66502 /  
<http://www.rileycountyks.gov/286/Health-Department>

- Coordinates the Women Infants and Children (WIC) program to provide food vouchers to low-income mothers
  - Provide vaccinations and health checks for women, infants, and children
  - Healthy Start provides a home visit for mothers after delivery
  - Provides Smart Start for new parents
- Mother and Infant: provides information and education for mothers and access to nurses and social workers
  - Family planning services are available
  - Does sexually transmitted diseases testing
- Family Connections, Parents as Teachers, and Raising Riley are housed here

### **Salvation Army**

(785) 770-3171 / 310 Poyntz Ave, Manhattan KS 66502 / <https://satruck.org/>

- Clothing store provides low-cost clothes, furniture, toys, etc.
- Provide monetary assistance with utilities, rent, travel, and prescription drugs; emergency housing; disaster relief, assistance with transportation
  - Teaches budgeting classes

### **Shepherd's Crossing**

(785) 776-1470 / 621 Humboldt Street, Manhattan KS 66502 /  
<https://www.shepherdcrossing.info/>

- Many local churches combine their resources to create a central location for emergency assistance.
  - Doesn't require shut off or eviction notices for aid



- Helps with electric, gas, rent or prescription bills
- Hours: Tuesday 10am-2pm and Thursday 2pm-5pm

### **Social Security Administration**

(800) 772-1213/ 1121 Hudson Ave Suite A, Manhattan KS/ <https://www.ssa.gov/>

- Provides information and assistance with disability income and social security

### **TFI- Parent Child Interaction Therapy (PCIT)**

(620) 794-8750/ [abrown@tfifamily.org](mailto:abrown@tfifamily.org)

- PCIT is an evidence-based treatment for families with young children.
- Families who best fit with PCIT services have at least one child between 2-7 years old.

### **Thrive! Flint Hills**

(877) 376-0032/ 612 Poyntz, Manhattan KS/ [www.thriveflinthills.com](http://www.thriveflinthills.com)

- Thrive! Is a nonprofit organization dedicated to the mission of reducing poverty by building skills and relationships that strengthen families and individuals.
- Weekly meetings on Tuesday nights from 5:30-7:30pm include a meal and youth and adult programming

### **3 Rivers Inc**

(785) 456-9915/ 504 Miller Drive Wamego KS/ <https://www.threeriversinc.org/>

- Provides independent living skills training, job coaching, employment support, information and referral for disability related resources.
- Private pay attendant care for aging and disabled.

-Serving Clay, Geary, Marshall, Pottawatomie, Riley, Wabaunsee, and Washington counties and Prairie Band Potawatomi Nation.

### **University for Man (UFM)**

(785) 539-8763 / 1221 Thurston Street, Manhattan KS 66502 / <https://tryufm.org/>

- Offers a variety of classes for youth and adults
- Classes are offered for either university credit or non-credit
- Scholarships are available each semester to pay ½ of a class fee per child on a first-come first-serve basis
- Community Gardens offer a chance to produce fresh fruit and vegetables for your family.  
\$37.50/plot or \$18.75/plot for low income families
- Community Connections offers online access to area programming to learn about the Manhattan Area

### **UFM teen Mentoring Program**

(785) 539-8763 / 1221 Thurston Street. Manhattan KS 66502 / <https://tryufm.org/teen-mentoring/>

- Matches high-risk middle and high school aged youth with college-aged volunteer mentors. Structure group and individual activities are planned on a weekly basis.
- Meet weekly from 3:15-5pm. High school students meet Monday and Middle school students meet Tuesday or Wednesday.
- The goals of the project are to provide positive role models and life skill activities as early intervention tools to prevent dysfunctional behaviors such as truancy, and delinquent behavior.
- Provide safe, supportive, and consistent environment.